

Meet Mary Sue

I am devoted to helping you bring music back into the lives of seniors. I know first hand the power of music. Each year I lead close to 400 music sessions and I specialize in using music in dementia care. As a career educator, I am passionate about writing, speaking, training, and sharing resources. Oh, and I love to sing! With my help, you can learn how to connect, awaken memories and find joy through music.

Let's work together!

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MarySue@SingingHeartToHeart.com 231.233.2948 SingingHeartToHeart.com A Simple Guide for Using Music in DEMENTIA CARE SONGS YOU KNOW BY HEART

> Mary Sue Wilkinson with contributions by Teepa Snow includes recordings of favorite songs

Try one idea or try them all. Turn on the music, follow the simple directions and get ready for some joy!

"Mary Sue Wilkinson's guide truly offers ways to sustain or regain connections that we thought were lost or impossible."

-Teepa Snow, Positive Approach to Care

"Every Life Enrichment Coordinator will benefit from having Mary Sue's 'Songs You Know by Heart' CD and easy to follow guidebook as a resource. This is my go to, especially when I need to lift spirits. It works every time."

-Karen Bell, Life Enrichment Coordinator, Bay Ridge

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connecting through music

Mary Sue Wilkinson, M. Ed.

Musician + Author + Speaker



Speaking Engagements that Teach and Entertain

Join Mary Sue in a delightful, interactive musical experience illustrating the power of music to awaken memories, foster connections and bring joy.

"Your workshop for our group surpassed so many expectations! It was educational, inspirational, and joyful."

— Lisa Robitshek

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Free Training Videos, Song Guides, and much more in the Resource Library at SingingHeartToHeart.com.

Endorsed by leading dementia care educator, Teepa Snow.





What Do You Look for in a Speaker or Trainer? Expertise, Enthusiasm & Engagement

"She's excellent! She's awesome!"

- Texas Geriatric Symposium Session Participants

"You were wonderful and full of energy! Thanks for inspiring me and encouraging me to better serve my residents with music."

— Kayla, Michigan Association of Activity Professionals

"Before a record-breaking, live audience, Mary Sue demonstrated practical and easy to follow strategies. The audience left feeling enthused to implement what they learned."

> Mike Good, Founder of Together In This.com

Three of the most popular sessions Mary Sue presents . . .

Key Note: Connecting through Music Using Songs You Know By Heart

Mary Sue's lively and interactive musical presentation will introduce you to the power of music through personal stories and research-based evidence.

Learn how music awakens memories, brings joy and fosters connection.

Can a Simple Song Make Caregiving Easier?

- Why is music such an important tool?
- How does music improve quality of life?
- What are some simple and practical ways to use music in caregiving?
- What are some tips and tricks to ensure success?

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From Entertainment to Engagement: How to Ensure Success Using Music in Dementia Care

- Connect and awaken memories by choosing the right music
- Relieve boredom through active engagement
- Decrease restlessness with simple music and movement activities
- Ease activities of daily living with familiar songs